

Children's Adapted Recreation Program Assistant VOLUNTEER POSITION

This volunteer position assists with the Children's Adapted Recreation program. The program consists of 1 hour in the gym focusing on a different sport each week and 1 hour in our warm water pool. This is a high energy and fun program for the participants and the volunteers!

The time commitment is approximately 25 hours over a two-month period with hours on Saturdays from 3.00 pm to 5.30 pm. Training will be provided.

WHAT YOU WILL DO

Under the supervision of the Aquatics, Health and Fitness Assistant Manager and the Program Leader, the Children's Adapted Recreation Volunteer will:

- Work with a team of volunteers during the Children's Adapted Recreation program
- Work with the same one to two children each week
- Adapt activities to your assigned child's needs
- Provide information and feedback to parents and assist with their needs
- This position requires working with a child one-on-one in our pool which requires a comfort level in the water
- Additional tasks as required by the program and/or supervisor

WHAT YOU BRING

We are looking to engage volunteers with diverse skills, experiences and interests. These are some of the competencies and credentials we are looking for:

- Interest and/or experience in working with children and experience working with children of all abilities is an asset
- Interest in recreational or sports programming
- Motivated and a great team player
- Current CPR & Standard First Aid is an asset but not required

COVID-19 vaccination is a requirement for all Vecova volunteers. Offers for volunteer positions will be conditional upon proof of full immunization against COVID-19 with a Health Canada approved vaccine prior to the volunteers start date.

VOLUNTEERING AT VECOVA

Volunteering isn't just about giving your time and talent; you get so much back in return. Here are some of the benefits:

- Give back to your community
- Gain valuable experience
- Meet people who share your interests
- Enhance your leadership skills
- Share your knowledge and life lessons with members of your community

Here at Vecova we are passionate about inclusion and believe we can improve the lives of all members of our community. We are a dynamic leader in the disability sector providing programs, services and enterprises designed to meet the needs of persons of all abilities through housing,

employment and wellness services. We are a team of talented individuals, big-thinkers and collaborators, who embrace our values and guiding principles to drive our mission and vision forward.

All Volunteers are required to provide a completed Police Information Check.

If you are interested in this exciting volunteer opportunity, please submit cover letter and resume to:

Michelle Thompson
Aquatics, Health and Fitness Assistant Manager
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P: 403-284-1121 ext. 935