

4 MONTHS TO 5 YEARS SKILLS SCREENING

What can you do in the water?

Are you 3-5 years of age?



Can you get your face wet and float on your front and back with assistance?



Can you flutter kick on your back with a buoyant aid?



Can you do a back float without assistance, roll to front and swim 3 meters?



Are you comfortable with your child jumping into deep water without assistance?*



**If your child is under 3 years old, register in Parent & Tot classes*

When your child is 3 years old, consider registering them in Preschool levels

*** Without assistance means no life jacket and no help from a parent or instructor*